



Indigenous Sport & Wellness Ontario - Updated Statement on COVID-19

Toronto, ON – January 4, 2022 — ISWO continues to monitor the COVID-19 pandemic situation in the province of Ontario and bases its operational policies and decisions on the recommendations provided by public health authorities. Recently, Ontario has seen a dramatic surge in cases of the Omicron variant and has introduced new restrictions, including 50% capacity limits for indoor retail settings, supporting work-from-home options for employees, the closure of indoor dining, schools and sport programs, and recommendations for enhanced social distancing. With the rising numbers of cases, and the subsequent restrictions, ISWO will be pausing its Return to Play Framework and prohibiting all in-person programming at this time. ISWO will reevaluate this decision on January 31, 2022, as more information becomes available.

While in-person programming is not being offered at this time, ISWO encourages youth, families and communities to continue accessing the wide variety of online sport, wellness and leadership programs ISWO has to offer, for all ages and abilities.

For the most up-to-date and accurate information about the COVID-19 pandemic, ISWO suggests the following verified Public Health websites (or a local public health unit):

- [Ontario Public Health](#)
- [Canada Public Health](#)

These verified public health websites provide information on how to continue to keep yourself and your family members safe, what to do in case you develop symptoms, and details about accessing the COVID-19 vaccine. We encourage you to isolate and get tested if you think you may have been exposed or are experiencing symptoms. For more information about COVID-19 testing, please visit: <https://covid-19.ontario.ca/self-assessment/>. For the most up-to-date information regarding the status of upcoming online/virtual ISWO events, follow us on [social media](#), visit our [website](#), or subscribe to our newsletter and e-blasts.

Stay positive and be well.

Sincerely,

Marc Laliberte
President, Indigenous Sport & Wellness Ontario